

Project Report: Building Social Connectedness with Seniors



September 2017 to December 2018



Our Partners

Residents of a Seniors' Apartment Building

Western University

Neighbourhood Watch

Project Aim



To work together to help build strong connections inside the building and with the wider community.



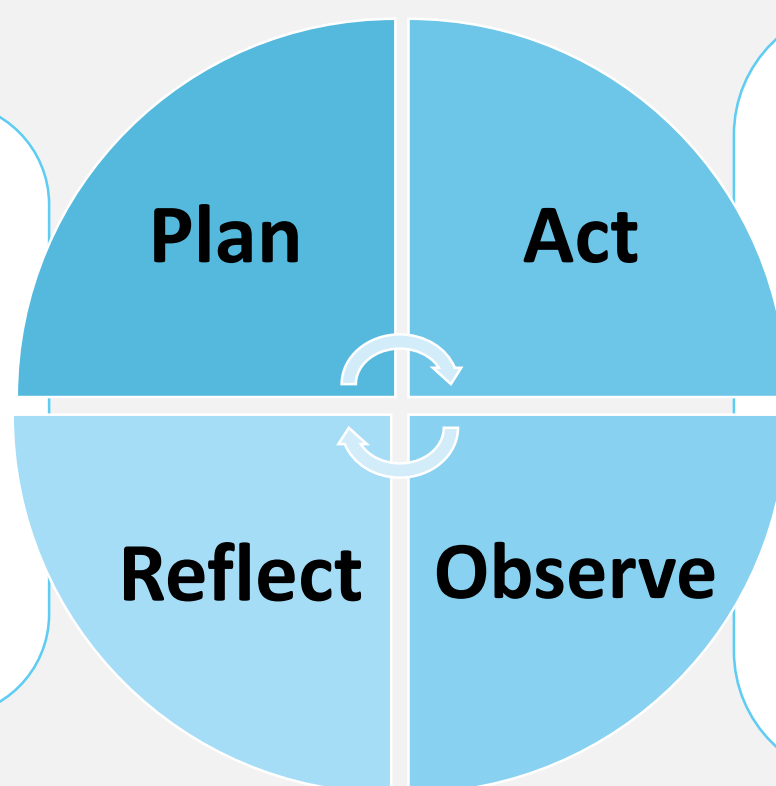
Our Process

30

 RESIDENTS PARTICIPATED

We followed a participatory action research (PAR) cycle:

We met regularly to discuss issues and make plans.



We surveyed 20 building residents to find out more about their needs and wants.

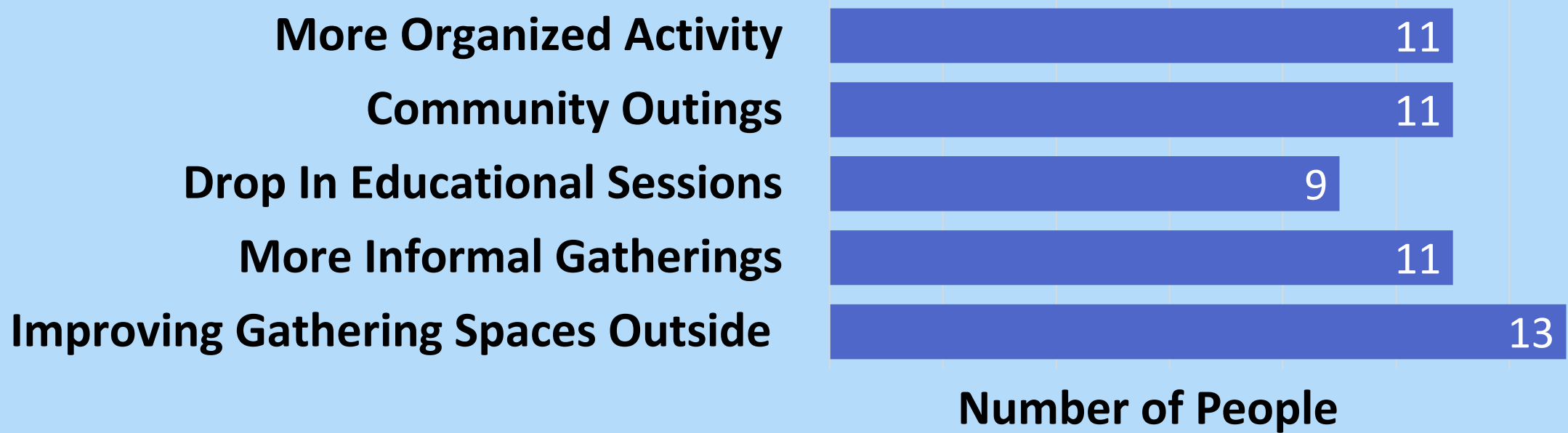
We took steps to build community (e.g. initiating potluck dinners).

42%

OF RESIDENTS WERE INTERESTED IN DOING MORE SOCIAL ACTIVITIES IN THE BUILDING

The project was funded by the Retired Teachers of Ontario Foundation

RESIDENTS WERE INTERESTED IN:



What We Accomplished



Hosted more potluck dinners & social events



Created an opportunity for residents to discuss issues with one another



Obtained new music books for sing song events



Improvements were made to outdoor spaces



Worked on having a community bus



Facilitated technology assistance from Western Students



Initiated a building safety program in collaboration with Neighbourhood Watch

Thank you to all of you who joined us in this project. We hope that you enjoyed the process and continue to build sense of community.

Questions? Contact: Carri Hand (chand22@uwo.ca) or Kristin Prentice (kprenti4@uwo.ca)